



**Mar 19 2016**

# SPRING 5K

Bluemont Park, Arlington VA | 9:00 a.m. | Conducted by RacePacket, Inc

Celebrate the spring racing season on a fast, flat out-and-back in Bluemont Park  
**399 N. Manchester St. Arlington**

## Registration:

Special discounts for club members, watch your inbox or subscribe to our weekly email blast for discounts.

**EARLY REG: \$25 | After 3/11/16: \$30**

**Online:** Online Registration is available on ItsYourRace or by visiting the featured race section of RacePacket.com

**By Mail:** Send entry form with \$25 fee payable to RacePacket, Inc. to P.O. Box 25094, Arlington, VA 22202.

Late fee for entries postmarked after March 11 is \$30. Incomplete or illegible forms or forms without correct fees will be returned.

## Race Details:

**Awards:** overall and age group awards will be presented

**Premium:** Technical t-shirts will be presented to all registrants. Register before 3/11 to guarantee your size.

**Post-Race:** Food and refreshments following the race.



## Contact Us:

**Race Director: Bob Platt**

**Phone:** 703.486.1466

**Email:** bob@racepacket.com

**Volunteer or Sponsorship:**

**Phone:** 925.354.1433

**Email:** chris@racepacket.com

## Entry Form — Please Print

Name: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Age on 03/19: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Gender: ☐ M ☐ F

Shirt Size: ☐ S ☐ M ☐ L ☐ XL Discount Code: \_\_\_\_\_

## Waiver Must be Read and Signed Before Mailing

I know that running is a potentially hazardous activity. I have read the race flyer and am familiar with the course. I will not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including but not limited to: falls, contact with other participants, effects of the weather, traffic and road conditions. All such risks are known and appreciated by me. In the event that the race must be canceled due to the weather, I agree that my entry fee will not be refunded but I may either pickup my t-shirt at RacePacket or treat my entry fee as a donation to the charity. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs and executors, waive release and forever discharge any and all rights and claims for damages which I may have or may hereafter accrue to me against RacePacket, Inc., the organizers and sponsors of the race, and all race sponsors and their representatives, successors and assigns, for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the competition of this race, and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use my name, photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation or remuneration.

\_\_\_\_\_  
Date: \_\_\_\_\_

Signature (Parent or guardian if under 18)